



Date

Microdermabrasion Consent

Name

DOB

AGE

Address

Phone

Occupation

Email

Microdermabrasion projects a flow of inert crystals over the skin, and abrades away epidermal tissue in the areas treated. It is done so precisely that normal surrounding tissue is hardly affected. Microdermabrasion is often used to treat acne, reduce the appearance of scars, wrinkles, hyper pigmentation and other skin conditions. After a treatment, the skin may temporarily be red and feel tight and warm as if exposed to the sun or wind. Slight redness and swelling may appear with deeper treatment levels, in addition to slight blood spotting. Healing may take several days or longer. Your fresh newly exposed skin will be delicate. It is important to use a mild cleanser and keep the skin well moisturized. Use a full spectrum sun block (30+ SPF) daily. Avoid the use of Retin-A, Renova for at least 7-10 days after. Avoid alpha or beta hydroxyl type products and all scrubs for at least 5 to 7 days after, or until initial sensitivity subsides. Avoid swimming and tanning beds for at least one week after. Any time the skin barrier is broken there is a small risk of bacterial or viral infection.

Please read and initial each section below:

1. _____ I understand that Amanda / Sweet Tea Massage & Esthetics will perform a microdermabrasion treatment on my face, neck, decollete, or other area as determined between myself and my esthetician.
2. _____ The nature of this service and the potential risks involved have been explained to me, and I accept this treatment as suitable.
3. _____ I acknowledge and confirm that I have NOT had any tanning, waxing, dermaplaning, laser hair removal, prescription topical products, acid-based oral or topical products, or any other exfoliating products that may be drying or irritating on the area to be treated nor used Accutane during the last 6 months.
4. _____ I understand that I should not tan, wax, exfoliate, or seek a cosmetic treatment for at least 72 hours after receiving this treatment.
5. _____ I understand that I must wear spf 30+ with broad spectrum coverage to protect my skin during sun exposure but agree to limit sun exposure for 72 hours post treatment.
6. _____ I understand I must avoid excessive sweating and strenuous activities for at least 24 hours.
7. _____ I acknowledge and accept that I may experience some of the following side effects: redness, tenderness, swelling, irritation, dryness, tingling, peeling, and skin color changes.

Signature

Date